

Cardiology
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An initiative by JSM Innovations:

Innovations that transform healthcare



Cardiovascular Outcomes with Evening v/s Morning Dosing of Antihypertensives

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Full Article Link: [https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(22\)01786-X/fulltext](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(22)01786-X/fulltext)

Quick Takes:

- Evening dosing of usual antihypertensive medication did not improve the primary composite endpoint of vascular death or hospitalization for nonfatal MI or nonfatal stroke compared with morning dosing.
- Patients may be advised that they need not change their antihypertensive medication dosing time but might choose to take their medication at a time that suits them best.
- Clinicians should focus on selecting appropriate medications and emphasize adherence to assented treatment plans rather than timing of doses.